We claim:

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1. A therapeutic composition comprising 0.5 mg to 750 mg of a drug of the formula:

$$R_{5}$$
 R_{7}
 R_{7}
 R_{1}
 R_{2}
 CH_{2}
 R_{7}

wherein the dotted line represents an unsaturation or a cycloalkenyl group; R_1 is a member selected from the group consisting of hydrogen and alkyl of 1 to 6 carbon atoms; R_2 is a member selected from the group consisting of hydrogen and alkyl of 1 to 6 carbon atoms; R_4 is a member selected from the group consisting of hydrogen, alkyl of ${f 1}$ to 6 carbon atoms, formyl, and alkanoyl of 2 to 7 carbon atoms; R_5 and $R_{\mbox{\scriptsize 6}}$ are independently a member selected from the group consisting of hydrogen, hydroxyl, an alkyl of 1 to 6 carbon atoms, an alkoxy of 1 to 6 carbon atoms, alkanoyloxy of 2 to 7 carbon atoms, nitro, alkylmercapto of 1 to 6 carbon atoms, amino, alkylamino of 1 to 6 carbon atoms in which each alkyl group comprises 1 to 6 carbon atoms, alkanamide of 2 to 7 carbon atoms, halo, and trifluoroethyl, R_7 is a member selected from the group consisting of hydrogen and alkyl of 1 to 6 carbons, and n is one of the integers 0, 1, 2, 3, and 4, and a pharmaceutically acceptable addition salt; and wherein the drug of the formula is blended with a poly(alkylene oxide) polymer.

2. A therapeutic composition comprising 0.5 mg to 750 mg of a drug of the formula;

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$$R_{5}$$
 R_{7}
 R_{1}
 R_{2}
 CH_{2}
 R_{7}
 CH_{2}
 R_{6}

wherein the dotted line represents an unsaturation or a cycloalkenyl group; R_1 is a member selected from the group consisting of hydrogen and alkyl of 1 to 6 carbon atoms; $\boldsymbol{R_2}$ is a member selected from the group consisting of hydrogen and alkyl of 1 to 6 carbon atoms; R_{4} is a member selected from the group consisting of hydrogen, alkyl of 1to 6 carbon atoms, formyl, and alkanoyl of 2 to 7 carbon atoms; R_{s} and $R_{\mbox{\scriptsize 6}}$ are independently a member selected from the group consisting of hydrogen, hydroxyl, an alkyl of 1 to 6 carbon atoms, an alkoxy of 1 to 6 carbon atoms, alkanoyloxy of 2 to 7 carbon atoms, nitro, alkylmercapto of 1 to 6 carbon atoms, amino, alkylamino of 1 to 6 carbon atoms in which each alkyl group comprises 1 to 6 carbon atoms, alkanamido of 2 to 7 carbon atoms, halo, and trifluoroethyl; R_7 is a member selected from the group consisting of hydrogen and alkyl of 1 to 6 carbons and n is one of the integers 0, 1, 2, 3, 4, and a pharmaceutically acceptable addition salt; and wherein the drug of the formula is blended with a cellulose polymer.

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3. A therapeutic composition comprising 0.5 mg to 750 mg of a drug of the formula:

$$R_1$$
 R_2
 OR_4
 R_7
 $(CH_2)_n$

wherein the dotted line represents an unsaturation or a cycloalkenyl group; R_1 is a member selected from the group consisting of hydrogen and alkyl of 1 to 6 carbon atoms; R_2 is a member selected from the group consisting of hydrogen and alkyl of 1 to 6 carbon atoms; R_4 is a member selected from the group consisting of hydrogen, alkyl of 1to 6 carbon atoms, formyl, and alkanoyl of 2 to 7 carbon atoms; $\ensuremath{R_{\text{5}}}$ and $R_{\rm 6}$ are independently a member selected from the group consisting of hydrogen, hydroxyl, an alkyl of 1 to 6 carbon atoms, an alkoxy of 1 to 6 carbon atoms, alkanoyloxy of 2 to 7 carbon atoms, nitro, alkylmercapto of 1 to 6 carbon atoms, amino, alkylamino of 1 to 6 carbon atoms in which each alkyl group comprises 1 to 6 carbon atoms, alkanamido of 2 to 7 carbon atoms, halo, and trifluoroethyl, R_7 is a member selected from the group consisting of hydrogen and alkyl of 1 to 6 carbons, and n is one of the integers 0, 1, 2, 3, and 4; and a pharmaceutically acceptable addition salt; and wherein the drug of the formula is blended with a maltodextrin polymer.

- 4. A method for administering a drug to the gastrointestinal tract of an animal, wherein the method comprises:
- (a) admitting orally into the animal a dosage form comprising a drug of the formula:

- which drug possesses antidepressant therapy and the dosage form comprises a member selected from the group consisting of a sustained-release dosage form and a controlled-release dosage form; and,
 - (b) administering the drug from the dosage form over an extended period of time in a therapeutically responsive dose to produce the antidepressant therapy.
 - 5. A dosage form for administering a drug to an environment of use, wherein the dosage form comprises a drug of the formula:

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which dosage form comprises a member selected from the group consisting of a sustained-release dosage form and a controlled release dosage form, and wherein said dosage form comprises means for storing the drug and means for releasing the drug over an extended period of time.

- 6. A dosage form for the oral delivery of a drug to an environment of use, wherein the dosage form comprises:
- (a) a wall comprising at least in part a composition permeable to the passage of fluid, which wall surrounds:
 - (b) a compartment; ...
- (c) a drug composition in the compartment comprising a drug of the formula:

$$R_{5}$$
 R_{7}
 R_{1}
 R_{2}
 $CH_{2})_{n}$

wherein the dotted line represents a member selected from the group consisting of an unsaturation and cycloalkenyl group; R_1 is a member selected from the group consisting of hydrogen and alkyl of 1 to 6 carbon atoms; R_2 is a member selected from the group consisting of hydrogen and alkyl of 1 to 6 carbon atoms; R_4 is a member selected from the group consisting of hydrogen, alkyl of 1 to 6 carbon atoms, formyl, and alkanoyl of 2 to 7 carbon atoms; R_5 and R_6 are independently a member selected from the group consisting of hydrogen, hydroxyl and alkyl of 1 to 6 carbon atoms, alkoxy of 1 to 6 carbon atoms, alkoxy of 1 to 6 carbon atoms, alknaoyloxy of 2 to 7 carbon atoms, nitro,

alkylmercapto of 1 to 6 carbon atoms, amino, alkylamino of 1 to 6 carbon atoms, alkanamido of 2 to 7 carbon atoms, halo and trifluoroethyl; R_7 is a member selected from the group consisting of hydrogen and alkyl of 1 to 6 carbons; an n is 0 to 4; and

- (d) a displacement in the compartment comprising a composition comprising an osmotically active compound; and,
- (e) an exit passageway in the dosage form for delivering the drug composition from the dosage form.
- 7. A dosage form for the oral delivery of the drug to an environment of use according to claim 6, wherein the drug is 1-[2-(dimethylamino)-1-(4-methoxyphenyl)ethyl]-cyclohexanol.